

# IronWorks: Steering Through the Potholes

*Navigating Life's Adversities*

**October 1 & 6, 2010**

**Session 1: "Did you just hit a pothole?"**

A pothole is any event that prompts the question "\_\_\_\_\_?"

5 Truths About Potholes:

1. They are \_\_\_\_\_

2. They come in many \_\_\_\_\_

3. They often come in \_\_\_\_\_

4. They can do \_\_\_\_\_

5. They are \_\_\_\_\_